



St Cuthbert's C of E Primary School

The Chase, Great Glen, Leicester LE8 9EQ
Tel: 0116 2592764

Headteacher:

Mrs Jenny Hawkins

Fax: 0116 259 3248
Email: office@stcuthberts.leics.sch.uk
Website: www.stcuthberts.leics.sch.uk

Committed to safeguarding children

1st December 2020

Dear Parents/Carers,

I am writing to inform you that today, 1st December 2020, we were notified that there has been a **single** confirmed case of COVID-19 within the school.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

We have contacted parents of those children who have been in close contact with the person who has tested positive in a separate letter. These children are being asked to self-isolate for 14 days along with staff members who were also in close contact. **The school remains open and your child should continue to attend as normal if they remain well.**

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community



If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Keeping our children and families, staff and local community safe is our priority. It is vital that we follow government guidance and the advice from the local Public Health England Health Protection Team (PHE HPT). We realise that you may have questions about the situation: if this is the case, please email office@stcuthberts.leics.sch.uk or call 0116 2592764. Please note that we will not be able to discuss any details relating to the individual case but will do our best to answer any general questions that you may have as promptly as we can.

Thank you for your support in helping to keep everyone at our school safe.

Yours sincerely



Mrs Jenny Hawkins
Headteacher