

13<sup>th</sup> January 2023



# St Cuthbert's C of E Primary School

The Chase, Great Glen, Leicester LE8 9EQ

Tel: 0116 2592764

Doing all the good we can, through faith, love and excellence.

## Headteacher's news

It has been wonderful to welcome our children back for a fun filled and productive Spring term. We have lots of exciting topics across the school for our children to further their knowledge and understanding and we look forward to sharing our learning with you.

Information will be shared with parents about accessing Class Dojo. We use Class Dojo to collect and award positive behaviour points (Dojo's) and by inviting parents to connect to it, you will be able to see what points your child is receiving and why. It also opens up a further information and communication avenue between home and school.



ClassDojo

Please take a look on Twitter [@StCuthbertsCEP1](https://twitter.com/StCuthbertsCEP1) or through our website <http://www.stcuthberts.leics.sch.uk/> for photos and information

Thank you for your continued support.

Mrs J Hawkins

### Diary Dates

**Monday 6<sup>th</sup>-Sunday**

**12<sup>th</sup> February**

Children's Mental

Health week

(including 7<sup>th</sup>

February- Safer

Internet day)

**Monday 20<sup>th</sup>**

**February - Friday**

**24<sup>th</sup> February**

Half term week

**Tuesday 21<sup>st</sup>**

**February**

Shrove Tuesday

**Wednesday 22<sup>nd</sup>**

**February**

Ash Wednesday

**Thursday 2<sup>nd</sup>**

**March**

World Book day

### Our School Uniform



### Breaktime and Lunchtimes at St Cuthbert's

This term Mr Bools is working with staff to create a more engaging and positive breaktime and lunchtime experience for our children.

#### What's new?

Each playground has a storage container with a variety of playground equipment. This includes, balls, skipping ropes, bats, balance boards but also equipment for quieter activities such as colouring and Lego. These are available for the children at both break and lunchtimes.

Each Friday, Mr Bools is sharing a game that adults can teach and play with the children. This week's game is called "Man from Mars", which is a dodging and catching recall game

In the hall, we are encouraging the children to be responsible by clearing away their dinner trays/rubbish, tucking chairs under and talking calmly with a friend as part of a seating plan within their class.

This has created a calmer and more positive eating atmosphere.

We also have Mr Throop and our playground leaders running clubs and activities each lunchtime for the children to enjoy.

It's been wonderful to see the children sharing and joining in with the activities. This is having a positive impact on behaviour leading to a calmer start to the afternoons learning. We look forward to evolving our lunch and break provision over the coming months."

### Our school uniform is

- a school red sweatshirt or cardigan (available at the school office) The majority of our pupils do wear the school sweatshirt but a plain red sweatshirt without logos is also acceptable.
- white polo-shirt
- grey trousers, shorts, skirt or pinafore dress. Pupils should wear sensible footwear for school - plain white, black or grey socks with black shoes.

Please support our school uniform policy by sending children to school in the correct uniform, as soon as possible. Thank you.

## Health and Safety

### Bikes and Scooters

A reminder that bikes and scooters should be pushed while on school grounds. This also includes younger siblings. This will create a safer environment for pedestrians and hopefully avoid any unfortunate accidents.



### Jewellery

Children should not be wearing necklaces, bracelets, rings or dangly earrings in school. With the children running around and playing, the potential for serious injury increases considerably.

Teachers will be asking children to remove items, placing them in an envelope to be taken home at the end of the day.

This does not apply to jewellery worn as part of religious observance and any concerns should be discussed with your child's class teacher.



### Hair

Any child with long hair should have it tied back when in school. This is to avoid getting it tangled or trapped, obscuring vision while learning and also to reduce the spread of head lice. During PE or food based activities, hair must be tied back and children will be given hair bobbles if they do not have one.

## Twitter Highlight! @StCuthbertsCEP1



St Cuthbert's C.E. Primary School @StCuthbertsCEP1 · 2h

Great perseverance today as Tigers class have started writing their spooky stories ready to read to year 3! Looking great so far. Well done everyone.

#writing #story #audience #purpose



St Cuthbert's C.E. Primary School @StCuthbertsCEP1 · 21h

This week Zebras have been busy learning to write a set of instructions for how to make a banana sandwich. We thought we could improve on the sandwich that Tom makes in our book, 'The Boy Who Biked the World'.

#writing #sandwiches #instructions



## The Book Fair returns from Wednesday 25<sup>th</sup> January- Wednesday 1<sup>st</sup> February 2023

**SCHOLASTIC**

COME TO THE **BOOK FAIR**

FILL YOUR SCHOOL WITH FREE BOOKS WHEN YOU BUY FROM THE BOOK FAIR\*

FIND HUNDREDS OF THE BEST NEW BOOKS FROM JUST £2.99!

LAST YEAR, YOUR SUPPORT HELPED TO DONATE OVER £2.2M BOOKS TO SCHOOLS NATIONWIDE

**NEW** David Walliams **GANGSTA GRANNY STRIKES AGAIN!** £7.99

**NEW** George Webster **This is ME!** £7.99

**ROALD DAHL GEORGE'S MARVELLOUS MEDICINE** £3.99

**CAT KID COMIC CLUB COLLECTIBLES DAY PILEUP** Handcut only £8.99

**NEW** From Cbeebies favourite presenter, George Hincley, comes a wonderful tale of celebrating people **Best Buy Only £3.99**

**NEW** **Bluey THE CREEK** £6.99

**NEW** **THE GECKO AND THE ECHO** £6.99

**NEW** LUNA WELLS **ANIMAL WIZARD ALESHA DIXON** £7.99

OVER 200 BOOKS TO CHOOSE FROM!

## ECO Council meeting

Ms Davies has been working hard with the ECO council, with many changes taking place within school to support our work in gaining the Green Flag Award.

In December the Eco Council sent Mrs. Hawkins a series of questions that they would like addressed or to action during the Spring term. These have been shared below

Please keep an eye on our newsletter for regular updates from the Eco council on the work they are doing in school, our community and how you can get involved in their projects.

## Eco meeting Dec 2022

The council would like to hold an assembly please either next week or the new year to explain to children what they should be recycling.

I suggest for your assembly to have the biggest impact to do it in the first week back after Christmas. It would also be really helpful if the ECO council could put together a one-page newsletter to outline what the projects are that you are undertaking and dates for events. This can be sent out separately to Parents or as part of the school newsletter.

Mrs Simpson thought we should give the cleaners different coloured bin bags so they properly recycle. I have seen them putting all rubbish - including recycling - into one black bin bag.

This is a very good idea. In the past I have seen clear bags used so that the contents can be seen as being recycling. Mr Calow and Mrs Simpson- can look into the cost of these and get them or something similar ordered.

We would like to hold a second-hand clothes sale in the new year to raise funds for our projects.

Would this be any clothing, uniform or both? For adults, children or both? With lots of people having new items for Christmas some time in February would be good for this. I have also seen other schools collect Christmas jumpers that are too small in preparation for next year when people can purchase them for a £1 before the next Christmas jumper day. This money would go to the Save the children charity.

We would like to hold a second-hand book swap in the new year.

World book day is on the 2nd March 2023- could a book swap be arranged for then? Mrs Stevens organised one last year that was very successful.

We would like to have a meeting with the cook in the new year to discuss composting food waste.

This meeting might need to include the Local Authority Catering manager as well as our cook. Could you compose a letter or email that I could send to them where you outline what you would like e.g. a meeting, what is to be discussed, could be via Teams?

We would like to start recycling crisp packets in the hall at lunchtime. I can take these to Aldi.

I don't see why this can't start straight after the holiday- A box would be needed to put the packets in.

We would like new labels for the recycling bins to remind children what they should throw in each bin.

Would the ECO council like to design these labels or would you prefer we create them for you approval. for example:

**Mixed Recycling**

**Yes please**

- Plastic bottles
- Drink cans
- Food tins
- Glass bottles & Jars
- Cardboard
- Paper
- Magazines

**No thanks**

- Used paper towels
- Ceramics
- Chemical tins
- Aerosols
- Bubble wrap
- Plastic bags
- Polystyrene

**MIXED RECYCLING**

PAPER	PLASTIC	METAL
<b>NO</b> Paper Towels • Napkins • Frozen Food Boxes	<b>NO</b> Plastic Bags • Styrofoam • Bulky Plastics	<b>NO</b> Batteries • Cords • Electronics • Auto Parts

**GLASS** Recycle glass in *separate* bin or at a glass drop-off location.

FOR MORE INFORMATION: (801) 355-0334 • info@momentumrecycling.com • www.MomentumRecycling.com

We would like new bins for the staff room and by each photocopier so that teachers can play their part too and start recycling.

As with a previous point- Mrs Simpson and Mr Calow can look at bins that are suitable for this.



# Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:



## 1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

**Choose ONE EVERY DAY from:**

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes



## 2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

**Choose TWO EVERY DAY from:**

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup



## 3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

**Choose ONE EVERY DAY from:**

- ✓ Milk
- ✓ Cheese - hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard



## 4 Protein Foods

for growth and repair

Pack a protein punch!

**Choose ONE EVERY DAY from:**

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans

Keep processed meat to a minimum



## 5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk - or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie



### Occasionally!

Meat products such as sausage rolls, pies, sausages

Plain cakes/sponges and biscuits of appropriate portion sizes



For more healthy packed lunch ideas and recipes visit [www.phunkyfoods.co.uk/recipes](http://www.phunkyfoods.co.uk/recipes)

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[www.phunkyfoods.co.uk](http://www.phunkyfoods.co.uk)

## Reading at Home

We continue to encourage our children to read and fill in their bookmarks! Please encourage your child to spend at least 10 mins a day with a story, non-fiction text or even a magazine! We have a prize draw of three £5 book vouchers as well as class prizes.



From Monday 16th January to Wednesday 18th January, we will be hosting a small group of PGCE students from the University of Leicester as they conduct a research project as part of their teacher training. The focus of the project will be around Phonics and early reading, and the students are excited to be sharing in lessons, talking to the children and staff as well as sharing up to date research about a key priority. We are immensely proud of the provision our school provides and we are looking forward to sharing all that we do with the students as they begin their own teaching career.

Mr. Bools



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2023

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