10<sup>th</sup> January 2024



Doing all the good we can, through faith, love and excellence.

# Headteacher's news

It has been wonderful to welcome our children back for a fun filled and productive Spring term. We have lots of exciting topics across the school for our children to further their knowledge and understanding and we look forward to sharing our learning with you.

I would like to welcome Miss Lansdale to our teaching team. She is Zebras class teacher. I would also like to welcome Miss Piskunova who has joined our Cuthbert's Cubs preschool team as a preschool assistant. We are thrilled to have them both working us!

With this being the first newsletter of 2024, I have included a few reminders which I would appreciate parents reading, talking with children about and supporting so that we can continue to make our school a safe and a great place to be!

Thank you for your continued support.

Mrs J Hawkins



Miss Lansdale

Miss Piskunova

## Diary Dates

Thursday
25<sup>th</sup> January Tuesday
30<sup>th</sup> January 2024
Book fair
Tuesday 30<sup>th</sup>
January Year 1
trip National Space

# Monday 5<sup>th</sup>-Friday 9<sup>th</sup> February Children's Mental Health week (including 6<sup>th</sup> February- Safer Internet day)

Centre

Tuesday 13<sup>th</sup>
February
Shrove Tuesday

Wednesday 14<sup>th</sup> February Ash Wednesday

Monday 19<sup>th</sup>
February - Friday
23<sup>rd</sup> February
Half term week

Thursday 7<sup>th</sup> March

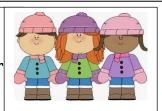
World Book day

#### Our school uniform is

- > a school red sweatshirt or cardigan (available at the school office) The majority of our pupils do wear the school sweatshirt but a plain red sweatshirt without logos is also acceptable.
- > white polo-shirt
- grey trousers, shorts, skirt or pinafore dress. Pupils should wear sensible footwear for school - plain white, black or grey socks with black shoes.

Please support our school uniform policy by sending children to school in the correct uniform, as soon as possible. Thank you.

It has turned very cold this week! Please send your child to school with a coat that has your child's name in it. Thank you!





# Physical Education.

Please can every child have a PE kit in school. We suggest it be brought to school on a Monday and taken home on a Friday so should there be an extra sports session or a child has an issue resulting in a change of clothes needed the kit is there to use.

# Our PE kit is:

- Indoor PE kit a red St. Cuthbert's CE School t-shirt, red or black shorts and soft black plimsolls. (these can be purchased from the school office via Parent Mail)
- For outdoor PE the kit should include tracksuit/jogging bottoms and trainers.

We suggest having both kits in the bag so should PE need to move outside due to other enrichment activities happening in the hall, the children are prepared.

School PE kit should also be worn at sporting afterschool clubs. The exception to this is KS1 & 2 football.

# Health and Safety

# Bikes and Scooters

A reminder that bikes and scooters should be pushed while on school grounds. This also includes younger siblings. This will create a safer environment for pedestrians and hopefully avoid any unfortunate accidents.

# Jewellery

Children should not be wearing necklaces, bracelets, rings or dangly earrings in school. With the children running around and playing, the potential for serious injury increases considerably.

Teachers will be asking children to remove items, placing them in an envelope to be taken home at the end of the day.

This does not apply to jewellery worn as part of religious observance and any concerns should be discussed with your child's class teacher.

Any child with long hair should have it tied back when in school. This is to avoid getting it tangled or trapped, obscuring vision while learning and also to reduce the spread of head lice. During PE or food based activities, hair must be tied back and children will be given hair bobbles if they do not have one.

The Book Fair returns from Thursday 25th January - Tuesday 30th January 2024 FREE BOOKS FOR YOUR SCHOOL WHEN HE BOOK FAIR!

Book fair: Open area

**Open times:** 8:30 - 9:00 am and 3:30

- 4:00 pm

Payments - can be made online using QR codes on the posters around school or cash at the bookfair.

The more books that are sold the more new texts we can purchase for the school.

# Competition:

Write a short, imaginative story about anything you wish!

Five winners will be picked across the school to receive £5 book vouchers to spend at our book fair.

Entries must have the children's name and class on and brought to their class teacher or Miss Lippitt by Monday 22<sup>nd</sup> January

# Safeguarding

As parents, carers and educators we all have a collective responsibility to keep our children safe. This is increasingly difficult with Online activities, with children having their own iPads, phones and access to online gaming such as PlayStation and Xbox.

Each Wednesday we share on X and Dojo a poster from the National Online Safety team. In each newsletter we will start sharing advice that we think is of importance to help keep families up to date with online trends. We are providing this as information (it does not mean that there have been cases reported to us in school) to allow you as parents to talk in an age appropriate way to your children about the risks and dangers.

# Online Concerns - Chroming

# What is 'chroming'?

The term 'chroming' refers to a recent drug trend in which individuals inhale the fumes of intoxicants such as aerosols, paint, or solvents to experience a high. The name came from the original act of sniffing chrome-based paint.

Although using inhalants isn't new, recent social media trends are adding a new dimension of peer pressure through the 'TikTok Challenge'. The challenge, also known as 'WhipTok' has sparked renewed interest among teenagers, who are being encouraged to try this dangerous practice.

Chroming can take several forms:

- Sniffing: Inhaling vapours directly from a container, such as a nail polish remover bottle.
- **Bagging:** Inhaling vapours, like air freshener spray, directly from a plastic or paper bag.
- Huffing: Inhaling petrol, lighter fluid, or other vapours soaked into fabric



The worries are that some young people may think chroming is a 'safer' way to get high rather than misusing street or prescription drugs. Products used in chroming, like spray paint bottles and markers, are easy to purchase and don't have the same restrictions of some drugs or age limitations like alcohol. They are also unlikely to draw attention from teachers, parents, caregivers, or the police.

## Why is it dangerous?

As well as the short-term effects typical of substance abuse, experts have warned that 'chroming' can lead to long term brain damage and also damage to internal organs.

For more valuable information please see link below: <a href="https://www.parents.com/what-is-chroming">https://www.parents.com/what-is-chroming</a>

# Our Safeguarding Team.

If you have safeguarding worries or concerns about a child, please call our school office and ask to speak to one of the following staff members.











## Attendance and Absence

# Holiday in term time

Please note that the Government legislation guidance schools follow in making these decisions, rarely agrees to parents taking their children out of school for the purposes of a holiday in term-time. Holiday's in term time can result in Local Authority issuing fixed penalty notices with this happening on a number of occasions to families within our school community. Please ensure that you email the school office with the information if your child will be absent.

We are required to share our attendance and absence information or concerns in connection to all categories of absence to the LA as part of our safeguarding and obligations to the statuary guidance.

#### Reporting absence

If your child is absent due to illness or another reason, please ring the school office to inform us why your child is not in school or send an email. This is so we can record the type of absence and support your child on their return. We appreciate this can be tricky at times, but it avoids absences being marked as unauthorised and staff having to follow up on this with your child.

# X Highlights! @StCuthbertsCEP1

Giraffes class have been researching to create a fact file all about Europe. Do you know how many languages are spoken there or how Europe got it's name? The Giraffes now do! Well done everyone #geography #Europe #research



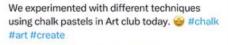
Owls class have been learning and presenting facts about the artist and illustrator Ted Harrison and comparing what they notice between his art work. Great work Owls! #artist #facts #illustrate



It was wonderful to have the children back at Cuthbert's Cubs today, #preschool #together #play



In geography, Leopards have been resourceful, finding out which countries make up the continent of North America. #geography #countries #research







Panthers have been showing great resourcefulness in their Geography exploration today. Using atlas' and Google Earth to identify and name the 23 countries that make up North America #geography #countries #explore



Please take a look on X (Twitter) <u>@StCuthbertsCEP1</u> or through our website <a href="http://www.stcuthberts.leics.sch.uk/">http://www.stcuthberts.leics.sch.uk/</a> for photos and information

# Build your skills. Boost your happiness. Connect with your local community.

Scouts isn't just good for young people. It's good for you too.

We help young people - and adult volunteers - step up, speak up and find their place in the world. We build skills for life.

Call Phil Reed on 07773 683490 to find out more about our volunteering opportunities.

Scouts

1st Great Glen

A meeting is being held on
Thursday 18th January at 6.30 pm
in Great Glen Scout
Headquarters, Stretton Road for
any adults who are interested to
find out more about scouting and
recruitment.

All adults welcome

Any Queries, please contact
Sue Lamont on 0116 259 2115,
Or Pip Reed on 07773 683490

#GoodForYou

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