

30/10/2020



St Cuthbert's C of E Primary School

The Chase, Great Glen, Leicester LE8 9EQ
Tel: 0116 2592764

Doing all the good we can, through faith, love and excellence.

Headteacher's news

I hope that you all had a restful and enjoyable half term break. It is fantastic to see all of the children back in school and we are all looking forward to an amazing term of learning and fun.

The second half term is always a busy one with festivals and celebrations leading up to and including Christmas. In school we look to teach, learn, understand and celebrate these and hope that you enjoy seeing the work our children do and hearing about these experiences from the children.

Staffing news

During this busy Autumn term, we have said thank you and farewell to some of our lunchtime staff and one of our cleaners. Mrs Jackson and Mrs Young stepped down as lunchtime supervisors at the beginning of the term and today we said thank you and good luck to Mrs Benford. We also send our thanks and best wishes to Mrs Hagon who has worked tirelessly to keep the school clean and tidy for many years.

Good luck and best wishes for the future.

We would like to welcome Miss Allen to our cleaning team. She will be working with Mrs Moore and her team to ensure that the school is ready each day for our children.

As always, please take a look at Twitter for some fantastic images of the work the children are doing. [Twitter! @StCuthbertsCEP1](#)

Mrs J Hawkins



Diary Dates

Tuesday 3rd November 2020

Individual photos

**Wednesday 11th November
2020**

Remembrance day

Thursday 12th November 2020

Flu immunisation

Whole school Diwali day

Friday 13th November 2020

Children in need

School Motto/Mission statement

Thank you to those of you who voted and shared your opinion on the school motto. The result was very close (% have been rounded). We have added the votes from the children and the results are as follows:

In loving, sharing and caring we can work together that all may grow- 35%

**Doing all the good we can, through faith, love and excellence-
39%**

Learning together in God's love- 15%

We can grow and be strong with God's love as our guide 14%

We will begin the process of changing it on our documentation and within school during this term.

Diwali Day- Thursday 12th November 2020

Diwali will be celebrated on Saturday 14th November by families within school and in the wider community. We would like to invite all children to come to school in their **'best' outfit or traditional clothes on Thursday 12th November** as they take part in a variety of learning activities linked to Diwali including, food tasting, crafts and dancing.

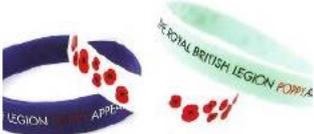


Poppy Appeal & Remembrance Day - Wednesday 11 November

As a school we are supporting the Poppy Appeal for the Royal British Legion.

Poppies and other merchandise, (as shown with suggested prices) are now **on sale from Monday 2nd November 2020.**

Please send your child in with the correct money as no change can be given. A member of staff will bring the box round each morning, delivering items to each class. Some items are more popular than others but we will do our best to ensure each child gets their first choice item.

<p>Zip Pull Suggested Donation 50p</p> 	<p>Reflector Suggested Donation 50p</p> 	<p>Silicon Wristband Suggested Donation £1</p> 
<p>Snap Board/ Ruler Suggested Donation £2</p> 	<p>Metal Pin Suggested Donation £2</p> 	<p>Paper Poppy Suggested Donation £ any</p> 

Class attendance up to 16/10/2020

- Hedgehogs- 98%
- Badgers- 96%
- Foxes- 97%
- Owls- 96%
- Woodpeckers- 99%
- Pandas- 97%
- Koalas- 98%
- Giraffes- 96 %
- Zebras- 97% ↓ -1%
- Leopards- 96% ↓ -1%
- Panthers- 96%
- Lions- 98%
- Tigers- 97%
- Whole school- 96%



Website

We hope to have our new school website up and running next week. We will send out a parent mail when this is the case. Please use our office email;

office@stcuthberts.eics.sch.uk or call 0116 2592764 if you need any information.

Parents evening

Thank you so much for your patience and support this week with parent's evenings. Although there were a few technical issues along the way, on the whole the process was successful and seemed to work well as a substitute for face to face meetings.

Moving forward, we hope to be able to offer face to face meetings in the spring term along with opportunities to look at books to see the amazing work the children are doing.

If you have not spoken to your child's class teacher due to issues with connecting to the system or the days were not suitable, class teachers will be making phone calls home over the next week to discuss your child's learning and time in school.



As the weather is starting to get colder and wetter, please ensure your child has a coat in school.



Children in Need day- Friday 13th November 2020

On Friday the 13th November we will be supporting the national efforts by raising money for Children in Need. Children are welcome to come to school in non-uniform, something spotty, or even fancy dress with a donation of £1 per family.

The focus this year is on mental health so the children will take part in sporting and well-being activities throughout the week including on the day itself.



FIVE TO THRIVE weekly calendar

Each video is around 5 minutes long, so these are quick and fun activities to engage with!



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ACTIVITY	Connect 	Take Notice 	Get Active 	Be Curious 	Give
Joe's Morning Move	5 minute morning energiser with Joe	5 minute morning energiser with Joe	5 minute morning energiser with Joe	5 minute morning energiser with Joe	Bring in your pennies and save your energy for...
Video	Joe Wicks and Dr. Radha kick off wellbeing week chatting about connection and friendship	Take part in a journaling activity to learn about how taking notice of how you feel and your surroundings can really support your wellbeing	Join Joe Wicks interviewing a very special PE teacher to find out about how getting active can make you feel great!	We hear from our friends at Blue Peter all about about how being curious and trying new things can boost your mood!	Join in with Joe's Ultimate Feel Good Friday! Donate £1 or £2 to come to school dressed up and join in on a very special challenge!
Resources					

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Twitter Highlights! @StCuthbertsCEP1

St Cuthbert's C.E. Primary School
@StCuthbertsCEP1

Today, Zebras measured the sides of shapes to work out the perimeter.
[#measure](#) [#shape](#) [#resourceful](#)



Woodpeckers have been super scientists this afternoon! They carried out an investigation to see if wax crayons can make fabric waterproof. [#science](#) [#investigate](#) [#resourceful](#)



Koalas testing how well three different types of soil drain. [#science](#) [#testing](#) [#investigate](#)

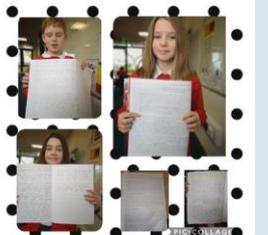


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This afternoon as part of PSHE year 1 have been looking at how to keep ourselves healthy. [#ourselves](#) [#wellbeing](#) [#reflective](#)



Some very thoughtful and grown up writing in Tigers class this afternoon. They have been reflecting on the way people were treated during the time of Apartheid in South Africa. [#writing](#) [#reflective](#) [#history](#)



Hedgehogs had a super bedtime story day! [#story](#) [#share](#) [#theme](#)



A wonderful display celebrating all of the learning in Lions class linked to their science unit. [#body](#) [#celebration](#) [#knowledge](#)



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Panthers class have been trying gruel as part of their Victorian day. Their faces speak a thousand words. [#food](#) [#more](#) [#risktakers](#)



Each month, the **South Leicestershire School Sports Partnership** team are sending out a newsletter to share ideas on how to support children with their health and well-being. Here is their November newsletter.

NOVEMBER 2020

ANXIETY

LEARNING SOUTH LEICESTERSHIRE
SCHOOL SPORTS PARTNERSHIP



Percentage of children and young people who suffered with anxiety in 2017 (MHFA, 2019).



What are the causes of anxiety?

THERE ARE MANY CAUSES OF ANXIETY INCLUDING;

SCHOOL
LONELINESS
DISCRIMINATION
WORK
HOME ENVIRONMENT
PREGNANCY
TRAUMA
HEALTH ISSUES
BEREAVEMENT
SUBSTANCE ABUSE



What are the affects of anxiety?

nervous, sweaty, shaky and short of breath, tiredness, irritability and restlessness, emotional and crying, lack of concentration, change of behaviour.

Top Tips and Guidance

COPING WITH ANXIETY AND SUPPORT

If anxiety is affecting your daily life or causing you distress;

Call **NHS** 111
or
talk to your **GP**.



For more information **VISIT:**

[www.nhs.uk/
oneyou/every-mind-
matters/anxiety/
#support-cards](http://www.nhs.uk/oneyou/every-mind-matters/anxiety/#support-cards)



Make time for your worries -
talk to someone about your
concerns.

Get to grips - use relaxation
techniques to reduce stress,
such as yoga exercises.

Challenge your thoughts -
think about the positives
outcomes of putting yourself in
an anxious situation.

Go to **LSLSSP YouTube** channel and listen to the latest *Podcasts about Mental Health and Wellbeing*